

**Numerical Discourses of the Buddha (NDB), texts 102-110, pp. 135-42**

Text no., name (sutta no.), & pages in NDB	Additional English translations	Supplemental material
<p><b>102. Five Contemplations for Everyone</b> (AN 5:57), pp. 135-37</p>	<p><a href="#">Thanissaro</a> (AN 5:57) <a href="#">BV</a> (AN 5:57, excerpt with Pāli text)</p>	<p>Contemplate (reflect upon) (<i>paccavekkhati</i>), definition: <a href="#">PED</a>. Ageing (old age) (<i>jarā</i>), definition: <a href="#">PED</a>. Illness (<i>vyādhī</i>), definition: <a href="#">PED</a>. Death (<i>marañña</i>), definitions: <a href="#">BV glossary</a>; <a href="#">BD</a>; <a href="#">PED</a>. Dear (<i>piya</i>), definition: <a href="#">PED</a>. Beloved (agreeable, or appealing) (<i>manāpa</i>), definition: <a href="#">PED</a>. Action (kamma, or actions) (<i>kamma</i>): definitions: <a href="#">ATI glossary</a>; <a href="#">BV glossary</a>. explanations: NDB pp. 17-18; <a href="#">GTB</a>; <a href="#">BD</a>. AN 6:63 §5: <a href="#">Thanissaro</a>; NDB text 131 §5, pp. 173-74. AN 3:34 [3:33]: <a href="#">Thanissaro</a>; NDB text 24, pp. 49-50. AN 10:217 [10:206]: NDB text 205, pp. 265-69. Protection (resort, or arbitrator) (<i>paṭisaraṇa</i>), (<i>Pali</i>), definition: <a href="#">PED</a>. Pride (intoxication, or infatuation) (<i>mada</i>): definitions: NDB, n. 20, p. 283; NDB, n. 50, p. 293; <a href="#">BD</a>; <a href="#">PED</a>. AN 3:39: NDB text 27 [AN 3:38], pp. 53-54; <a href="#">Thanissaro</a> [AN 3:38]. essay: “<a href="#">Meeting the Divine Messengers</a>”, Bodhi 1996. study guide: “<a href="#">Beyond Coping: The Buddha’s Teachings on Aging, Illness, Death, and Separation</a>”, Thanissaro 2012.</p>
<p><b>103. Living by the Dhamma</b> (AN 5:73 &amp; 74; combined), pp. 137-38</p>	<p><a href="#">Thanissaro</a> (AN 5:73)</p>	<p>Seclusion (<i>paṭisallāna</i>), definition: <a href="#">PED</a>. Internal tranquility of mind (internal serenity of mind, or internal tranquility of awareness) (<i>ajjhataṃ cetosamatha</i>): explanation: NDB, n. 46, p. 293. Internal (<i>ajjhata</i>), definitions: <a href="#">BV glossary</a>; <a href="#">PED</a>. Tranquility (serenity, or calm) (<i>samatha</i>), definitions: <a href="#">BV glossary</a>; <a href="#">PED</a>. Mind (awareness) (<i>citta</i>), definitions: <a href="#">ATI glossary</a>; <a href="#">BV glossary</a>; <a href="#">BD</a>. Wisdom (discernment) (<i>paññā</i>), definitions: <a href="#">ATI glossary</a>; <a href="#">BV glossary</a>; <a href="#">BD</a>. Learning (study) (<i>pariyatti</i>), definitions: <a href="#">ATI glossary</a>; <a href="#">BD</a>; <a href="#">PED</a>. Teaching (communication, or description) (<i>saññatti</i>), definition: <a href="#">PED</a>. Recitation (<i>sajjhāya</i>), definition: <a href="#">PED</a>. Pondering (thinking) (<i>vitakka</i>), definitions: definitions: <a href="#">ATI glossary</a>; <a href="#">BV glossary</a>; <a href="#">BD</a> <a href="#">PED</a>.</p>

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<p><b>104. Advice to New Monks</b> (AN 5:114), p. 138</p>	<p><a href="#">Thanissaro</a> (AN 5:114)</p>	<p>Virtuous (<i>sīlavant</i>), definitions: <a href="#">ATI glossary</a> (<i>sīla</i>); <a href="#">BV glossary</a> (<i>sīla</i>); <a href="#">BD</a> (<i>sīla</i>); <a href="#">PED</a>.                      Restraint (<i>saṃvara</i>), definitions: <a href="#">BV glossary</a>; <a href="#">PED</a>.                      Pātimokkha:                      definition: <a href="#">ATI glossary</a>.                      explanations: NDB, n. 60, p. 288; <a href="#">GTB</a>; <a href="#">DPPN</a>.                      Guard (<i>gutta</i>), definition: <a href="#">PED</a>.                      Withdrawal (seclusion) (<i>vūpakāsa</i>), definition: <a href="#">PED</a>.                      Right view (<i>sammāditthi</i>), definitions: <a href="#">BV glossary</a>; <a href="#">PED</a> (<i>sammā</i>); <a href="#">PED</a> (<i>ditthi</i>).                      Perspective (vision) (<i>dassana</i>), definitions: <a href="#">BV glossary</a>; <a href="#">PED</a>.</p>
<p><b>105. The Repulsive and the Unrepulsive</b> (AN 5:144), p. 139</p>		<p>Perceive (<i>saññī</i>), definitions: <a href="#">ATI glossary</a> (<i>saññā</i>); <a href="#">BV glossary</a> (<i>saññā</i>); <a href="#">BD</a> (<i>saññā</i>).                      Repulsive (<i>paṭikkūla</i>), definition: <a href="#">PED</a>.                      Equanimity (<i>upekkhā</i>), definitions: <a href="#">BV glossary</a>; <a href="#">BD</a>.                      Mindful (<i>sata</i>), definitions: <a href="#">ATI glossary</a> (<i>sati</i>); <a href="#">BV glossary</a> (<i>sati</i>); <a href="#">PED</a>.                      Clearly comprehending (alert) (<i>sampajāna</i>), definitions: <a href="#">ATI glossary</a> (<i>sampajañña</i>); <a href="#">BV glossary</a> (<i>sampajañña</i>); <a href="#">BD</a> (<i>sampajañña</i>); <a href="#">PED</a>.                      Lust (passion) (<i>rāga</i>), definition: <a href="#">BV glossary</a>.                      Hatred (aversion) (<i>dosa</i>), definitions: <a href="#">ATI glossary</a>; <a href="#">BV glossary</a>; <a href="#">PED</a>.                      Delusion (<i>moha</i>), definitions: <a href="#">BV glossary</a>; <a href="#">PED</a>.</p>
<p><b>106. A Superior Person's Gifts</b> (AN 5:148), pp. 139-40</p>	<p><a href="#">Thanissaro</a> (AN 5:148)</p>	<p>Superior person (good person, or person of integrity) (<i>sappurisa</i>):                      definitions: NDB, n. 45, p. 293; <a href="#">BV glossary</a>; <a href="#">PED</a>.                      AN 5:148: NDB text 106, pp. 139-40; <a href="#">Thanissaro</a>.                      AN 8:38: NDB text 165, p. 215.                      Gift (<i>dāna</i>), definitions: <a href="#">ATI glossary</a>; <a href="#">BV glossary</a>; <a href="#">PED</a>.                      Faith (confidence, or conviction) (<i>saddhā</i>), definitions: <a href="#">ATI glossary</a>; <a href="#">BV glossary</a>; <a href="#">BD</a>; <a href="#">PED</a>.                      Cords of sensual pleasure (kinds of sensual pleasure, or strings of sensuality) (<i>kāmāguṇā</i>), definition: <a href="#">ATI glossary</a>; <a href="#">BV glossary</a> (<i>kāma</i>); <a href="#">BD</a> (<i>kāma</i>); <a href="#">PED</a> (<i>guṇa</i>).</p>
<p><b>107. The Right Way of Teaching Dhamma</b> (AN 5:159), pp. 140-41</p>	<p><a href="#">Thanissaro</a> (AN 5:159)</p>	<p>Gradual (progressive, or step-by-step) (<i>anupubba</i>), definitions: <a href="#">ATI glossary</a> (<i>ānupubbīkathā</i>); <a href="#">BD</a> (<i>ānupubbīkathā</i>); <a href="#">PED</a>; <a href="#">PED</a> (<i>ānupubbīkathā</i>); NDB, n. 29, p. 298.                      Well-reasoned (shows reasons, or explaining the sequence [of cause &amp; effect]) (<i>pariyādassāvī</i>), definitions: <a href="#">PED</a> (<i>pariyāya</i>); <a href="#">PED</a> (<i>dassāvin</i>).                      Sympathy (compassion) (<i>anuddayatā</i>), definition: <a href="#">PED</a>.                      Worldly advantage (material gain, or material reward) (<i>āmisā</i>), definition: <a href="#">PED</a>.</p>

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<b>108. How to Remove Grudges</b> (AN 5:161), p. 141	<a href="#">Ñānamoli</a> (AN 5:161) <a href="#">Thanissaro</a> (AN 5:161)	Grudge (resentment, hatred, or annoyance) ( <i>āghāta</i> ), definition: <a href="#">PED</a> . Loving-kindness (goodwill) ( <i>mettā</i> ), definitions: <a href="#">ATI glossary</a> ; <a href="#">BV glossary</a> ; <a href="#">PED</a> . Compassion ( <i>karuṇā</i> ), definitions: <a href="#">ATI glossary</a> ; <a href="#">BV glossary</a> ; <a href="#">PED</a> . Equanimity ( <i>upekkhā</i> ), definitions: <a href="#">BV glossary</a> ; <a href="#">BD</a> ; <a href="#">PED</a> . Ownership of kamma (the product of his actions, or ownership of deeds) ( <i>kammassakā</i> ), definitions: <a href="#">ATI glossary</a> ( <i>kamma</i> ); <a href="#">BV glossary</a> ( <i>kamma</i> ); <a href="#">PED</a> ( <i>saka</i> ).
<b>109. The Rapture of Seclusion</b> (AN 5:176), pp. 141-42	<a href="#">Thanissaro</a> (AN 5:176)	Rapture (joy, exaltation, or bliss) ( <i>pīti</i> ), definitions: <a href="#">ATI glossary</a> ; <a href="#">BV glossary</a> ; <a href="#">BD</a> ; <a href="#">PED</a> . Seclusion (solitude) ( <i>paviveka</i> ), definitions: <a href="#">BV glossary</a> ( <i>viveka</i> ); <a href="#">BD</a> ( <i>viveka</i> ); <a href="#">PED</a> ( <i>viveka</i> ); <a href="#">PED</a> . Sensual desire (sensuality) ( <i>kāma</i> ), definitions: <a href="#">BV glossary</a> ; <a href="#">BD</a> . Wholesome (skillful, or good) ( <i>kusala</i> ), definitions: <a href="#">ATI glossary</a> ; <a href="#">BV glossary</a> ; <a href="#">BD</a> ; <a href="#">PED</a> .
<b>110. Wrong Livelihood</b> (AN 5:177), p. 142	<a href="#">Thanissaro</a> (AN 5:177)	Trade (type of business) ( <i>vaṇijjā</i> ), definition: <a href="#">PED</a> . Lay follower ( <i>upāsaka</i> ), definitions: <a href="#">ATI glossary</a> ; <a href="#">BV glossary</a> ; <a href="#">BD</a> ; <a href="#">PED</a> . Weapon ( <i>sattha</i> ), definition: <a href="#">PED</a> . Living being (human being) ( <i>satta</i> ), definitions: <a href="#">BV glossary</a> ; <a href="#">BD</a> ; <a href="#">PED</a> ; NDB, n. 34, p. 299. Meat (alternate) ( <i>mamsa</i> ), definition: <a href="#">PED</a> . Intoxicant (alternate) ( <i>majja</i> ), definition: <a href="#">PED</a> . Poison (alternate) ( <i>visa</i> ), definition: <a href="#">PED</a> . sutta compilation: “ <a href="#">Right Livelihood: <i>samma ajivo</i>”</a> , Bullitt 2010. essay: “ <a href="#">Right Livelihood: The Noble Eightfold Path in the Working Life</a> ”, Jootla 2012.

### Abbreviations:

AN	Āṅuttara Nikāya (Numerical Discourses).
ATI	<i>Access to Insight: Readings in Theravāda Buddhism</i> < <a href="http://www.accesstoinsight.org/">http://www.accesstoinsight.org/</a> >.
BD	Nyanatiloka, <i>Buddhist Dictionary: Manual of Buddhist Terms and Doctrines</i> , 4 <sup>th</sup> rev. ed., Kandy, Sri Lanka: Buddhist Publication Society, 1980. Online version: <a href="http://www.palikanon.com/english/wtb/dic_idx.html">http://www.palikanon.com/english/wtb/dic_idx.html</a> .
BV	<i>Buddha Vacana: The Words of the Buddha</i> < <a href="http://www.buddha-vacana.org/inden.html">http://www.buddha-vacana.org/inden.html</a> >.
DPPN	G. P. Malalasekera, <i>Dictionary of Pāli Proper Names</i> , London: John Murray, 1937-38. Online version: <a href="http://www.palikanon.com/english/pali_names/dic_idx.html">http://www.palikanon.com/english/pali_names/dic_idx.html</a> .
GTB	Shravasti Dhammika, <i>Guide to Buddhism A to Z</i> < <a href="http://www.buddhisma2z.com/">http://www.buddhisma2z.com/</a> >.
NDB	Nyanaponika Thera and Bhikkhu Bodhi, trans. and ed., <i>Numerical Discourses of the Buddha: An Anthology of Suttas from the Āṅuttara Nikāya</i> , Walnut Creek, CA: Altamira Press, 1999.
PED	Rhys Davids, T. W. and William Stede, eds., <i>The Pali Text Society's Pali-English Dictionary</i> , Chipstead: Pali Text Society, 1921–5. Online version: <a href="http://dsal.uchicago.edu/dictionaries/pali/">http://dsal.uchicago.edu/dictionaries/pali/</a> .