

**Numerical Discourses of the Buddha (NDB), texts 68-76, pp. 99-107**

Text no., name (sutta no.), & pages in NDB	Additional English translations	Supplemental material
<p><b>68. Four Kinds of Happiness</b> (AN 4:62), pp. 99-100</p>	<p><a href="#">Thanissaro</a> (AN 4:62); <a href="#">Masters (audio)</a> (AN 4:62)</p>	<p>Anāthapiṇḍika biographical information: <a href="#">DPPN</a>. Happiness (ease, wellbeing, bliss, or pleasure) (<i>sukha</i>) definitions: <a href="#">ATI glossary</a>; <a href="#">BV glossary</a>; <a href="#">BD</a>. Enjoyment ([making use of] wealth) (<i>bhoga</i>) definition: <a href="#">PED</a>. Blameless (<i>anavajja</i>) definitions: <a href="#">BD</a>; <a href="#">PED</a> (<i>avajja</i>). Righteous (<i>dhammika</i>) definition: <a href="#">PED</a>. Wealth (possessions) (<i>bhoga</i>) definition: <a href="#">PED</a>. Joy (elation, or gladness) (<i>somanassa</i>) definitions: <a href="#">BV glossary</a>; <a href="#">BD</a>; <a href="#">PED</a>. Conduct (action, kamma) (<i>kamma</i>): definitions: <a href="#">ATI glossary</a>; <a href="#">BV glossary</a>.</p>
<p><b>69. Respect for Parents</b> (AN 4:63), p. 100</p>		<p>Brahmā definitions: <a href="#">BV glossary</a>; NDB, n. 3, p. 281. Respect (revere) (<i>pūjeti</i>) definitions: <a href="#">BD</a> (<i>pūjā</i>); <a href="#">PED</a>. Ancient teachers (first teachers) (<i>pubbācariyā</i>): definition: <a href="#">ATI glossary</a> (<i>ācariya</i>). explanation: NDB, n. 44, p. 283. Ancient deities (first deities) (<i>pubbadevatā</i>): definitions (<i>deva</i>): <a href="#">ATI glossary</a>; <a href="#">BV glossary</a>; <a href="#">BD</a>. explanation: NDB, n. 44, p. 283. Worthy of worship (gift-worthy) (<i>sāhuneyyaka</i>) definition: <a href="#">PED</a> (<i>āhuneyya</i>). AN 2:33: NDB text 15, pp. 42-43 (AN 2, iv, 2); <a href="#">Thanissaro</a> [AN 2:31-32].</p>
<p><b>70. A Superior Person</b> (AN 4:73), pp. 100-101</p>	<p><a href="#">Thanissaro</a> (AN 4:73)</p>	<p>Inferior person (bad person, or person of no integrity) (<i>asappurisa</i>) definitions: <a href="#">BV glossary</a>; <a href="#">PED</a>. Superior person (good person, or person of integrity) (<i>sappurisa</i>) definitions: NDB, n. 45, p. 293; <a href="#">BV glossary</a>; <a href="#">PED</a>. Fault (bad point) (<i>avaṇṇa</i>) definition: <a href="#">PED</a>. Praiseworthy quality (virtue, good point) (<i>vaṇṇa</i>) definitions: <a href="#">PED</a> (see definition #10). AN 5:148: NDB text 106, pp. 139-40; <a href="#">Thanissaro</a>. AN 8:38: NDB text 165, p. 215.</p>
<p><b>71. From Darkness to Light</b> (AN 4:85), pp. 101-102</p>	<p><a href="#">Thanissaro</a> (AN 4:85)</p>	<p>Misconduct (bad conduct) (<i>duccarita</i>) definition: <a href="#">BV glossary</a>. Plane of misery (plane of deprivation) (<i>apāya</i>) definitions: <a href="#">ATI glossary</a> (<i>apāya-bhūmi</i>); <a href="#">BV glossary</a>; <a href="#">BD</a>; <a href="#">PED</a> (see definition #5). Bad destination (<i>duggati</i>) definitions: <a href="#">BV glossary</a>; <a href="#">BD</a> (<i>gati</i>). Lower world (lower realm) (<i>vinipāta</i>) definitions: <a href="#">BV glossary</a>; <a href="#">BD</a>; <a href="#">PED</a>. Hell (<i>niraya</i>) definitions: NDB, n. 18, p. 283; <a href="#">BV glossary</a>; <a href="#">BD</a>. Good conduct (<i>succarita</i>) definitions: <a href="#">BV glossary</a>; <a href="#">BD</a>. Good destination (<i>sugati</i>) definitions: <a href="#">ATI glossary</a>; <a href="#">BV glossary</a>; <a href="#">BD</a> (<i>gati</i>); <a href="#">PED</a>. Heavenly world (<i>sagga loka</i>) definitions: <a href="#">ATI glossary</a> (<i>sagga</i>); <a href="#">BV glossary</a> (<i>sagga</i>); <a href="#">PED</a> (<i>sagga</i>).</p>

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<p><b>72. Tranquillity and Insight</b> (AN 4:94), pp. 103-104</p>	<p><a href="#">Thanissaro</a> (AN 4:94)</p>	<p>Internal tranquility of mind (internal serenity of mind, or internal tranquility of awareness) (<i>ajjhattaṃ cetosamatha</i>): explanation: NDB, n. 46, p. 293. Internal (<i>ajjhatta</i>) definitions: <a href="#">BV glossary</a>; <a href="#">PED</a>. Tranquility (serenity, or calm) (<i>samatha</i>) definitions: <a href="#">BV glossary</a>; <a href="#">PED</a>. Mind (awareness) (<i>citta</i>): <a href="#">ATI glossary</a>; <a href="#">BV glossary</a>; <a href="#">BD</a>. Higher wisdom of insight into things (higher wisdom of insight into phenomena, or insight into phenomena through heightened discernment) (<i>adhīpaññādharmavipassanā</i>): explanation: NDB, n. 46, p. 293. Higher wisdom (heightened discernment) (<i>adhīpaññā</i>) definition: <a href="#">PED</a>. Insight (<i>vipassanā</i>) definitions: <a href="#">ATI glossary</a>; <a href="#">BV glossary</a>; <a href="#">BD</a>. Things (phenomena) (<i>dhamma</i>) definitions: <a href="#">ATI glossary</a>; <a href="#">BV glossary</a>; <a href="#">BD</a>. Formations (conditioned phenomena, or fabrications) (<i>saṅkhārā</i>) definitions: <a href="#">ATI glossary</a>; <a href="#">BV glossary</a>; <a href="#">BD</a>; NDB, n. 47, p. 293.</p>
<p><b>73. One's Own Good and Another's</b> (AN 4:96, 99), p. 104</p>	<p><a href="#">Thanissaro</a> (AN 4:96) <a href="#">Thanissaro</a> (AN 4:99)</p>	<p>Good (welfare, benefit, or blessing) (<i>hita</i>) definition: <a href="#">PED</a>. Practice (<i>paṭipanna</i>) definition: <a href="#">PED</a>. Removal (subduing) (<i>vinaya</i>) definition: <a href="#">BV glossary</a>. Lust (passion) (<i>rāga</i>) definition: <a href="#">BV glossary</a>. Hatred (aversion) (<i>dosa</i>) definition: <a href="#">BV glossary</a>. Delusion (<i>moha</i>) definition: <a href="#">BV glossary</a>. Encourage (<i>samādapeti</i>) definition: <a href="#">PED</a>. Abstains (<i>paṭivirata</i>) definition: <a href="#">PED</a>. Restraint (abstinence) (<i>veramaṇī</i>) definition: <a href="#">PED</a>. AN 8:25: NDB text 159, pp. 207-208; <a href="#">Kumara</a>.</p>
<p><b>74. Four Thoroughbreds</b> (AN 4:113), pp. 105-106</p>	<p><a href="#">Thanissaro</a> (AN 4:113) <a href="#">Woodward</a> (AN4:113)</p>	<p>Moved (stirred) (<i>saṃvijjati</i>) definition: <a href="#">PED</a>. Stirred (sense of urgency, agitated) (<i>saṃvega</i>): definitions: <a href="#">ATI glossary</a>; <a href="#">PED</a>. essay: “<a href="#">Affirming the Truths of the Heart</a>”, Thanissaro 1997. Strives (becomes resolute) (<i>padahati</i>) definition: <a href="#">PED</a>. With mind fully dedicated (resolute) (<i>pahitatta</i>) definition: <a href="#">PED</a> (<i>pahtta</i>). Supreme truth (highest truth) (<i>paramasacca</i>) definitions: <a href="#">PED</a> (<i>parama</i>); <a href="#">PED</a> (<i>sacca</i>). Realizes (<i>sacchikaroti</i>) definitions: <a href="#">PED</a>; <a href="#">BD</a> (<i>sacchikaranīyā dhammā</i>). Penetrating it with wisdom (piercing it through with wisdom, or penetrating it with discernment) (<i>paññāya ca ativijjha</i>) definitions: <a href="#">PED</a> (<i>paññāya</i>); <a href="#">PED</a> (<i>ativijjha</i>).</p>

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<b>75. Four Occasions for Diligence</b> (AN 4:116), pp. 106-107		Diligence (heedfulness) ( <i>appamāda</i> ): definitions: <a href="#">ATI glossary</a> ; NDB, n. 16, p. 278. AN 10:15: <a href="#">Thanissaro</a> ; NDB text 186, pp. 240-41. AN 1:58-59: NDB text 6, p. 36. Bad conduct (misconduct) ( <i>duccarita</i> ) definition: <a href="#">BV glossary</a> . Good conduct ( <i>succarita</i> ) definitions: <a href="#">BV glossary</a> ; <a href="#">BD</a> . Negligence (heedlessness) ( <i>pamāda</i> ): definitions: NDB, n. 16, p. 278; <a href="#">PED</a> . AN 1:58-59: NDB text 6, p. 36. Wrong view ( <i>micchādiṭṭhi</i> ) definitions: <a href="#">BV glossary</a> ; <a href="#">BV glossary</a> ( <i>diṭṭhi</i> ); <a href="#">BD</a> ( <i>diṭṭhi</i> ); <a href="#">PED</a> ( <i>micchā</i> ); <a href="#">PED</a> ( <i>diṭṭhi</i> ). Right view ( <i>sammādiṭṭhi</i> ) definitions: <a href="#">BV glossary</a> ; <a href="#">PED</a> ( <i>sammā</i> ); <a href="#">PED</a> ( <i>diṭṭhi</i> ).
<b>76. For One's Own Sake</b> (AN 4:117), p. 107		Diligent (heedfulness) ( <i>appamāda</i> ): definitions: <a href="#">ATI glossary</a> ; NDB, n. 16, p. 278. Mindfulness ( <i>satī</i> ) definitions: <a href="#">ATI glossary</a> ; <a href="#">BV glossary</a> ; <a href="#">BD</a> ; <a href="#">PED</a> . Guard (protect) ( <i>ārakkha</i> ) definition: <a href="#">PED</a> ( <i>rakkhati</i> ). Lust, hatred, and delusion, see entries for these terms for NDB text 73, above. Infatuate (intoxicate, take pride in) ( <i>mada</i> ): definitions: NDB, n. 50, p. 293; <a href="#">BD</a> ; <a href="#">PED</a> . AN 3:39: NDB text 27 [AN 3:38], pp. 53-54; <a href="#">Thanissaro</a> [AN 3:38]. AN 5:57: NDB text 102, pp. 135-37; <a href="#">Thanissaro</a> .

### Abbreviations:

- AN     Aṅguttara Nikāya (Numerical Discourses).  
ATI     Access to Insight: Readings in Theravāda Buddhism <<http://www.accesstoinsight.org/>>.  
BD     Nyanatiloka, *Buddhist Dictionary: Manual of Buddhist Terms and Doctrines*, 4<sup>th</sup> rev. ed., Kandy, Sri Lanka: Buddhist Publication Society, 1980. Online version: [http://www.palikanon.com/english/wtb/dic\\_idx.html](http://www.palikanon.com/english/wtb/dic_idx.html).  
BV     *Buddha Vacana: The Words of the Buddha* <<http://www.buddha-vacana.org/inden.html>>.  
DPPN   G. P. Malalasekera, *Dictionary of Pāli Proper Names*, London: John Murray, 1937-38. Online version: [http://www.palikanon.com/english/pali\\_names/dic\\_idx.html](http://www.palikanon.com/english/pali_names/dic_idx.html).  
NDB    Nyanaponika Thera and Bhikkhu Bodhi, trans. and ed., *Numerical Discourses of the Buddha: An Anthology of Suttas from the Aṅguttara Nikāya*, Walnut Creek, CA: Altamira Press, 1999.  
PED    Rhys Davids, T. W. and William Stede, eds., *The Pali Text Society's Pali-English Dictionary*, Chipstead: Pali Text Society, 1921-5. Online version: <http://dsal.uchicago.edu/dictionaries/pali/>.